

IF YOU ARE ALREADY A RWM MEMBER, SKIP THIS SECTION

Yes, I Would Like to Join Run Wild Missoula

DON'T LIKE TO FILL OUT PAPERWORK?

JOIN ONLINE AT RUNWILDMISSOULA.ORG!

First Name: _____

Last Name: _____

Date of Birth: ___/___/___ Male/Female (Circle one)

Address (Include zip): _____

Phone: _____

Email: _____

One-Year Individual Membership **\$25.00**

One-Year Family Membership **\$35.00**

Adults 18+ must sign the waiver.

I don't like getting billed every year, give me a

Five-Year Individual Membership **\$100.00** or

Family Membership **\$140.00**

List additional family members below.

Name _____

Date of Birth ___/___/___ M / F (Circle one)

email: _____

Name _____

Date of Birth ___/___/___ M / F (Circle one)

email: _____

Name _____

Date of Birth ___/___/___ M / F (Circle one)

email: _____

Name _____

Date of Birth ___/___/___ M / F (Circle one)

email: _____

MAKE SURE TO INCLUDE YOUR EMAIL ADDRESS IF YOU WANT TO RECEIVE THE RWM E-NEWSLETTER.

RWM is a 501(c)3 nonprofit organization. We welcome tax-deductible donations.

\$25.00 __ **\$50.00** __ **\$100.00** __ Other: \$ _____

PLEASE BE SURE TO FILL OUT THE JOIN AND VOLUNTEER FORMS, SIGN THE WAIVER, AND MAIL TO: PO BOX 1573, MISSOULA, MT 59806

To pay with credit card, go to:

runwildmissoula.org

(no extra fee with our online signup!)



From day one.

**OVER
1300
MEMBERS
& GROWING**



JOIN RUN WILD MISSOULA



WITH 1300 RUNNING AND WALKING MEMBERS OF ALL AGES AND ABILITIES, RWM PROVIDES SUPPORT AND MOTIVATION THROUGH GROUP RUNS, TRAINING CLASSES, TRACK WORKOUTS, SEMINARS AND MORE. WE ORGANIZE OVER A DOZEN CLUB RACES EACH YEAR, INCLUDING THE NATIONALLY-RECOGNIZED MISSOULA MARATHON. WHETHER YOUR GOAL IS TO BE COMPETITIVE, TO GET FIT OR TO MAKE NEW FRIENDS, RWM WILL HELP YOU GET THERE. LACE 'EM UP AND JOIN TODAY!

**RWM MISSION STATEMENT:
TO PROMOTE AND SUPPORT RUNNING AND WALKING AS SPORTS FOR PEOPLE OF ALL AGES AND ABILITIES.**

JOIN TODAY!



**MISSOULA MARATHON
& HALF MARATHON**

WALKING

TRAINING CLASS

Class starts
Saturday, March 17
at 8 a.m. and lasts until
the Missoula Marathon
on July 8, 2012.



Get ready for the 2012 Missoula Marathon or Half Marathon with Run Wild Missoula's walking training program for anyone. All you have to be is someone who wants to complete the half or full Missoula Marathon on Sunday, July 8, 2012.

MISSOULA MARATHON WALKING CLASS



MISSOULA MARATHON & HALF MARATHON WALKING TRAINING CLASS REGISTRATION 2012



Class starts Saturday, March 17 at 8 a.m. and lasts until the Missoula Marathon on July 8.
 Class meets at Rehab Gym at Community Medical Center on Saturdays at 8 a.m. and Wednesdays at 5:30 p.m.

ARE YOU A MEMBER OF RUN WILD MISSOULA?

Member Non-Member

REGISTRATION FEES:

Members: **\$40.00** Non-Members: **\$65.00***

Please make checks payable to Run Wild Missoula, PO Box 1573, Missoula, MT 59806.

Checks may be dropped off at Runner's Edge, 325 N Higgins, Missoula, MT.

To pay by credit card, please visit our web site www.runwildmissoula.org.

* Includes one-year individual RWM club membership fee. Please fill out membership form on back of this form. Family members are \$10 extra. The fee for the training class does not include Missoula Marathon registration. NO REFUNDS.

WITH THE TRAINING PROGRAM PARTICIPANTS RECEIVE:

- Encouragement, coaching and practical suggestions by veteran marathon walkers
- Comprehensive Training Program
- Twice weekly group walks on Saturdays at 8 a.m. and Wednesdays at 5:30 p.m. in the Rehab Gym at Community Medical Center
- Speakers on various training topics
- Gels or other nutrition on the 5 longest walks
- "In Training for the Missoula Marathon" shirts
- Fun people to train with
- Post-training class potluck party

ARE YOU PLANNING TO WALK THE HALF OR FULL MARATHON?

HALF FULL

NAME (Please Print): _____ AGE: _____ MALE FEMALE

ADDRESS _____
 (Street or PO Box, City, State, Zip):

PHONE: _____ EMAIL: _____

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN SIGNATURE IF UNDER 18

PRINT

SHIRT SIZE (CIRCLE ONE)

MEN S, M, L, XL, XXL WOMEN S, M, L, XL, XXL

Please fill out completely and mail to: Run Wild Missoula, P.O. Box 1573, Missoula, MT 59806
 or turn in at Runner's Edge, 325 N. Higgins.

VOLUNTEER!

We can't do this without you! We need you to volunteer at RWM activities. Some of them are once a year. Some of them are continuous throughout the year. We don't expect you to volunteer every time, but we are asking you to help once or twice a year. Please select your choice(s) from the following list:

- TRAINING CLASSES (ON AND OFF YEAR ROUND) _____
- GROUP RUNS/WALKS (ON AND OFF YEAR ROUND) _____
- CATCHEM IF YOU CAN 5K (MID FEBRUARY) _____
- RUN FOR THE LUCK OF IT! 5K (MID MARCH) _____
- SUPERFUN(D) (MID APRIL) _____
- MISSOULA MILE ((SPRING/SUMMER) _____
- PENGELLY DOUBLE DIP (MID JUNE) _____
- MISSOULA 5K (EARLY JULY) _____
- MISSOULA KIDS MARATHON (EARLY JULY) _____
- MISSOULA MARATHON (EARLY JULY) _____
- RIVER CITY ROOTS RUN (LATE AUGUST) _____
- SWEATHOUSE 1/2 MARATHON (MID SEPTEMBER) _____
- ALL WOMEN'S DIVA DAY 5K (EARLY OCTOBER) _____
- PUMPKIN RUN (MID OCTOBER) _____
- TURKEY DAY 8K (THANKSGIVING) _____
- NEW YEAR'S EVE RUN (DECEMBER 31) _____
- ORGANIZE SOCIAL EVENTS _____
- ADMINISTRATIVE _____
- CONTACT ME WHEN NEEDED & I'LL CHECK MY SCHEDULE _____

I CAN'T VOLUNTEER:

I AM ADDING \$10 TO MY ANNUAL MEMBERSHIP _____
 OR \$40 TO MY FIVE-YEAR MEMBERSHIP _____

WAIVER

By signing this, I acknowledge that running and volunteering to work in club races involve potentially dangerous and hazardous activities that are inherent in such running/walking events. I acknowledge that I am medically able and properly trained to participate in Run Wild Missoula activities and events. I agree to abide by any decision of a race official relative to my ability to safely complete the activity. I assume all risks associated with Run Wild activities and fully understand that running and volunteering to work in club races may include risks, including but not limited to, falls, uneven footing, contact with other participants, the effects of weather, including high heat and/or humidity or extreme cold and wind, the conditions of the road and traffic on the course, encounters with wild and domestic animals and issues related to hydration and nutrition. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release Run Wild Missoula and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities, even if that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I also agree that all photographs taken by Run Wild Missoula representatives, or likenesses rendered from these photographs, become the property of Run Wild Missoula and may be used to promote Run Wild Missoula activities.

AUTHORITY TO REGISTER AND/OR TO ACT AS AGENT

I represent and warrant to Run Wild Missoula that I have full legal authority to complete this registration. In addition, if I am registering third parties, I represent and warrant that I have been duly authorized to act as agent on behalf of such parties in performing this registration. By proceeding with this registration, I agree that the terms of this Registration Agreement shall apply equally to me and to any third parties for whom I am acting as agent.

Signature _____

Print _____

Date _____

Please note: If this is a family membership, all adults 18+ must sign.

Parent/Guardian Signature if under 18 _____