

# Missoula Marathon 2010

## Relay Fact Sheet

Thanks for signing up to be a part of the Missoula Marathon Relay!

### Registration

Registration fee will be \$160/team through May 31st and \$200/team through Saturday, July 10th. There is no such thing as race day registration. Teams must submit all four registration forms together at one time.

### Packet Pick-Up

Packets must be picked up at the Marathon Expo (Saturday, July 10th from 8am to 6pm). Your team packet includes each member's t-shirt and relay information, along with the team baton/chip and a race bib. Relay packets for the entire team will be grouped together. You **MUST** have one designated member pick up the team packet and make sure the rest of the team members receive his or her individual packet.

**NOTE:** Relay teams have only one baton/chip and one race bib. **THE FIRST LEG MUST START WITH THE BATON/CHIP.** Please make sure your first runner has the baton at the start of the race otherwise your team will have not have an official time. Also, **THERE IS ONLY ONE BIB PER TEAM.** This bib is to be worn by the last leg and it must cross the finish line. Please make sure your fourth runner has his or her bib/race number. Again, if your last runner crosses the finish without a bib, your team will be disqualified.

### Relay Teams

There will be three divisions in the marathon relay: Coed, Male, Female.

All relay members will be marked accordingly and clearly on the back of their legs:

Coed Relay teams will have "CR" marked on their legs, for "Coed Relay"

Male Relay teams will be "MR" for "Male Relay"

Female teams will be "FR" for "Female Relay"

### Leg Lengths

1st Leg: Will begin at the start of the marathon and run to Harper's Bridge (6.2 miles)

2nd Leg: From Harper's Bridge to Big Flat & Paradise (5.2 miles)

3rd Leg: From Big Flat & Paradise to Hawthorne Elementary School (located on 3rd & Hiberta) (7.9 miles - this leg includes "The Hill")

4th Leg: From Hawthorne Elementary to the finish (6.9 miles)

## **Relay Exchange Zones**

Relay exchange zones are all located near aid stations so runners have access to water, PowerBar drinks, toilets, communication and first aid if necessary. Each relay exchange area will be clearly marked.

1st Exchange Zone: Aid Station #3 (at Harper's Bridge on Mullan)

2nd Exchange Zone: Aid Station #6 (at Big Flat and Paradise)

3rd Exchange Zone: Aid Station #10 (at 3rd and Hiberta by Hawthorne Elementary)

## **Transportation**

All teams will provide their own transportation to and from each exchange point. In order for you, your fellow team members, and other marathon racers to enjoy the race as much as possible, we have a schedule and route for your team to follow. Due to road construction on some areas of the course and road closures because of the marathon, we are allowing only one vehicle per team. A course map and directions on where to drop off and pick up each member of your relay will be provided in the team packet. IF your team has pre-registered, these directions, along with this relay information sheet, will be emailed to one of your team members prior to the Expo. If you have any questions, please email Meg at [m1erch2@yahoo.com](mailto:m1erch2@yahoo.com).

In order for your team to access portions of the marathon course, each vehicle will be given two "OFFICIAL RELAY TEAM VEHICLE" signs. These signs are magnetic and should be placed on each side of your vehicle. They will be included in your packet pick-up. You **MUST** have the sign visible when driving on the marathon course in order to facilitate movement through traffic.

These magnetic signs **MUST** be returned once your relay race is complete. You can drop your signs off at the Missoula Marathon table in Caras Park. This park is under the Higgins Bridge and Finish Line; it's also the site of awards. Teams will be charged if the signs are not returned the day of the marathon. Again, if you have questions, please contact Meg at [m1erch2@yahoo.com](mailto:m1erch2@yahoo.com).

***NOTE: The first leg of your team will take the marathon bus out to the start. No personal vehicles are permitted to the start of the race. Marathon buses depart starting at 4:15am from the parking garage at Main & Ryman in downtown Missoula.***

### **Batons, Bibs and Leg Markings**

The relay “baton” will be a chip attached to a flexible bungee cord bracelet. This bracelet must be passed between each relay leg and cross the finish line in order to have an official time. We’ve found that the most comfortable way to run with this bracelet is by wearing it around the wrist or arm.

The relay teams will have a different color bib than other race participants. It is extremely important to note that **ONLY THE LAST LEG WILL WEAR A RACE BIB/NUMBER**. This bib **MUST** be visible when crossing the finish line. The first 3 relay members do not wear a race bib.

Runners legs will be marked in order to distinguish your division. As discussed under “Relay Teams” above, your legs will be marked for a coed team, a male team or a female team. You have the option of being marked at the Marathon Expo or being marked at your relay exchange zone with a permanent marker by a marathon volunteer. Again, markings must be on the backs of the legs.

### **Timing**

There is a mat at the starting line, halfway point, and finish. There are **NOT** mats at each exchange point. Runners interested in keeping track of his/her own split must do it themselves. The only official time will be at the finish line.

### **Awards**

There will be awards for the top team in each of the three categories.