

The Pengelly Double Dip

6th Annual Epic Trail Run of Elephantine Proportions

Saturday, June 13th



Single Dip: About 5 miles. Up the 'M' trail, down the Mt. Sentinel fire road, and back to Riverbowl Field.

Double Dip: About 13 miles. Up to the 'M' and beyond, to the University beacon, the top of Mt. Sentinel, down the Hellgate Canyon Trail and along the Kim Williams Trail to Riverbowl Field. This challenging course follows some of the most scenic trails in the iconic mountains of Missoula.

Age Divisions: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Race-day registration opens at 7:30 am. Both races start at 9:00 am adjacent to Riverbowl Field (Kim Williams Trail near the University foot bridge).

Early start option: 8:00 am (does not qualify for prizes)

The Double Dip run would have been a favorite event for Dave Pengelly, for whom this race is named. It combines many of the things he adored: Mount Sentinel, where he had hiked since early childhood; strenuous outdoor activity; and an opportunity to enjoy, tease, and probably harass his beloved friends. Throughout his life Dave poured his incredible energy into enjoying the outdoors, especially the mountains and all manner of mountain sports. He loved to share those passions with his many friends, family members, and his younger brother in the Big Brothers and Sisters program. He also supported various organizations that fought to preserve his favorite wild areas. Dave died June 13, 2003, in a mountain climbing accident in the North Cascades in Washington. The speakers at his memorial service, without design, presented a combined sermon on Dave's message to them, a message reinforced by the Double Dip run: get out there and live.

The race began as a fund-raiser organized by the staff of the Missoula Youth Homes. The race is now organized by Run Wild Missoula, a non-profit 501(c)3, that promotes and supports runners and walkers of all ages and abilities.

(See Reverse for Entry Blank)

Name: _____ Age: _____ Gender: M F
(circle one)

Street: _____ City: _____ State: ____ Zip: _____

Phone: _____ Email: _____

Event (circle one): Single Dip (~5 miles) Double Dip (~13 miles)

Shirt Size (circle one): XS S M L XL

Entry Fee (mark one): ___ \$30 (double dip; \$35 race day) ___ \$20 (single dip; \$25 race day)

Make checks payable to: Run Wild Missoula, PO Box 1573, Missoula, MT 59806, or drop off in person at The Runner's Edge, 325 N. Higgins, Missoula, MT.

Waiver and Release Statement: In consideration of accepting this entry, I RELEASE, for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as "my child") – the Run Wild Missoula, Lolo National Forest, The Nature Conservancy, the City of Missoula, and all other promoters, sponsors, organizers and volunteers of this event, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this event, the owners of property through which the event course traverses, and their representatives, successors and assigns (collectively "Released Parties") from any and all rights, claims or liability for damage for any and all injuries to me, my child or my property arising out of or in connection with my participation in this event, including acts of God. I further agree that I WILL DEFEND, INDEMNIFY AND HOLD HARMLESS the Released Parties against all claims, demands and causes of action, including court costs and reasonable attorneys' fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted contrary to this agreement for the benefit of me or my child. This agreement extends to all claims of every kind and nature whatsoever, whether known or unknown. I Fully ASSUME THE RISKS ASSOCIATED WITH MY AND/OR MY CHILD'S PARTICIPATION IN THIS EVENT, including but not limited to: the dangers of falls and collisions with pedestrians, vehicles and fixed or moving objects, the dangers of road and trail conditions, surface hazards, weather conditions, and inadequate clothing; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic trail run; and dangers caused by others' negligence. I certify that I am and/or my child is physically and mentally fit to participate in this event. I understand that entry fees are necessary to meet the cost of preparation, months in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or other circumstances beyond the control of run management, the entry fee will not be refunded.
PARENT OR GUARDIAN SIGN FOR MINOR.

Signature of Participant _____ Date _____ Printed
Name _____

Signature of Parent/Guardian (if participant is younger than 18 years) _____

Printed Name of
Parent/Guardian _____