



MISSOULA

KIDS MARATHON

First: Starting on April 1, walk, run or roll by wheelchair 25 miles before race day. Fill in each box as you run and get a parent or adult to sign for each mile.

Second: In addition to your training runs, run local races to add mileage to your log such as the Riverbank Run or Run for the Trees. Check the Run Wild Missoula website for more listings of local runs.

Third: Bring your completed running log to Kiddopalooza at Caras Park on Friday, July 9, 2010, between 2:00 and 8:00 PM and

pick up your race packet. The race packet includes your race shirt and number. If you CANNOT come to Kiddopalooza, pick up your race packet at the Missoula Marathon Runner's Expo at Caras Park between 8:00 and 10:00 AM on race day, July 10, 2010.

Fourth: Come run the final 1.2 miles of your marathon at 11:00 am on race day, July 10, 2010. Check the website before race day to verify the start time and location. Plan to arrive early to find your place and warm up.

Start ▼

Adult Initials ▼

Adult Initials ▼

.25	.25	.25	.25	1 mile _____
.25	.25	.25	.25	2 mile _____
.25	.25	.25	.25	3 mile _____
.25	.25	.25	.25	4 mile _____
.25	.25	.25	.25	5 mile _____
.25	.25	.25	.25	6 mile _____
.25	.25	.25	.25	7 mile _____
.25	.25	.25	.25	8 mile _____
.25	.25	.25	.25	9 mile _____
.25	.25	.25	.25	10 mile _____
.25	.25	.25	.25	11 mile _____
.25	.25	.25	.25	12 mile _____
.25	.25	.25	.25	13 mile _____

.25	.25	.25	.25	14 mile _____
.25	.25	.25	.25	15 mile _____
.25	.25	.25	.25	16 mile _____
.25	.25	.25	.25	17 mile _____
.25	.25	.25	.25	18 mile _____
.25	.25	.25	.25	19 mile _____
.25	.25	.25	.25	20 mile _____
.25	.25	.25	.25	21 mile _____
.25	.25	.25	.25	22 mile _____
.25	.25	.25	.25	23 mile _____
.25	.25	.25	.25	24 mile _____
.25	.25	.25	.25	25 mile _____

FINISH YOUR MARATHON ON RACE DAY!