

# Run Wild Missoula Trail Running Class

Please fill out completely and mail to Run Wild Missoula, P.O. Box 1573, Missoula, MT 59806, or turn in at Runner's Edge, 325 N. Higgins.

**Need to be pushed and motivated through a hill strength workout that you might not do on your own? Join Rhea from Momentum Athletic Training on Thursdays at 5:30 p.m. for a great workout. If you are training for fall trail runs like the Blue Mountain 30K or the Sentinel Hill Climb or would like an introduction to trail running, join this class. The 8-week class starts on Thursday, August 12 and runs through Thursday, September 30. Participants will get a Run Wild Missoula hat. For more information, call Rhea at 531-1625.**

## Registration Fees:

Run Wild Missoula Members: **\$25.00\*** Non-Run Wild Missoula Members (includes individual membership fee. Please fill out membership form at [www.runwildmissoula.org](http://www.runwildmissoula.org)): **\$50.00\***

Name (Please Print): \_\_\_\_\_ Age: \_\_\_\_\_ Male/Female \_\_\_\_\_  
Address (Street or PO Box, City, State, Zip): \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

- 8-Week Class begins Thursday, August 12 and meets Thursdays at 5:30 p.m. until September 30. First class meets at Momentum Athletic Training, 214 ½ East Main Street. Come ready and dressed to run!

In consideration of accepting this entry, I RELEASE—for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as “my child”)—Run Wild Missoula and all other promoters, sponsors, organizers and volunteers of this class, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this class, the owners of property through which the class courses traverse, and their representatives, successors and assigns (collectively “Released Parties”) from any and all rights, claims or liability for damage for any and all injuries to me, my child or my property arising out of or in connection with my participation in this event, including acts of God. I further agree that I WILL DEFEND, INDEMNIFY AND HOLD HARMLESS the Released Parties against all claims, demands and causes of action, including court costs and reasonable attorneys’ fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted contrary to this Agreement for the benefit of me or my child. This Agreement extended to all claims of every kind and nature whatsoever, whether known or unknown. I FULLY ASSUME THE RISKS ASSOCIATED WITH MY AND/OR MY CHILD’S PARTICIPATION IN THIS EVENT, including but not limited to: the dangers of falls and collisions with pedestrians, vehicles and fixed or moving objects; the dangers of road conditions, surface hazards, weather conditions, and inadequate clothing; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic trail run; and dangers caused by others’ negligence. I certify that I am and and/or my child is physically and mentally fit to participate in this event. I understand that entry fees are necessary to meet the cost of preparation, months in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or other circumstances beyond the control of run management, the entry fee will not be refunded. I also grant permission for the use of any photographs, motion pictures, recordings or any other record of my participation in this event for any legitimate purpose. PARENT OR GUARDIAN MUST SIGN FOR MINOR.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian Signature if under 18 \_\_\_\_\_ Print \_\_\_\_\_

