



Have you always wanted to complete a marathon or half marathon, but didn't know where to start?

Galloway Training will get you there!

Run Wild Missoula invites you to learn more.

Informational Open House
Wednesday, December 12 from 5:00 to 7:00 PM
Run Wild Missoula office
304 N Higgins Ave (basement of Runner's Edge)

24-week Marathon Training Class starts January 13
19-week Half Marathon Training Class starts February 17

Jeff Galloway, 1972 Olympian, revolutionized distance training with his trademarked run-walk-run® method, making marathons and half marathons accessible to people of all ages and abilities.

**Set Your Goal Now:
2019 Missoula Marathon or Half Marathon
June 30, 2019**

For more information and to register, visit
www.runwildmissoula.org

Find out more about the Missoula Marathon, our signature event, at www.missoulamarathon.org.

RWM | PO Box 1573, Missoula, MT 59806 | Office 406.544.8989 | www.runwildmissoula.org