

# CATCH 'EM IF YOU CAN 5K

Saturday, February 11, 2012

9:30 a.m.



### Race Format

Ladies start first.

Gentlemen follow 3 minutes later.

- Race benefits HELLGATE CROSS COUNTRY

### Registration Information:

**Online at [runwildmissoula.org](http://runwildmissoula.org)**

Register by Mail:

- No later than Tuesday, February 7, 2012

Drop Off in Person:

- No later than Friday, February 10, 2012  
at The Runner's Edge, 325 N. Higgins

Race Day Registration:

- Saturday, February 11, 2012 – 8:30 a.m.

### Race Information

Start times: Women 9:30 am & Men 9:33 am

Location: Toole Park at the end of 4<sup>th</sup> St East  
(East of the Missoulian)

Course: Flat 5K loop on Riverfront trail  
starting at the Madison St footbridge, west to  
California St, around Osprey Stadium, and ending  
back at the Madison St footbridge.

Prizes for top finishers and a random prize drawing  
after the race.

Socks donated by The Runner's Edge for all  
participants.

Refreshments provided, including Big Dipper ice cream!

### Entry Fees:

\_\_\_ \$15 Run Wild Missoula Members (\$17 race day) *or* \_\_\_ \$18 Non-Members (\$20 race day)

Make checks payable to: Run Wild Missoula, P.O. Box 1573, Missoula, MT 59806

CATCH 'EM IF YOU CAN is organized by Run Wild Missoula, a non-profit 501(c)3, that promotes runners and walkers of all ages and abilities. Proceeds from this race benefit Hellgate High School Cross Country.

**Participants and/or their guardians must sign the entry form.**

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of guardian if participant is under 18 years of age: \_\_\_\_\_ Date: \_\_\_\_\_

#### Race Waiver

In consideration of accepting this entry, I RELEASE-- for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as "my child")-- the Run Wild Missoula, the City of Missoula, Missoula County and all other promoters, sponsors, organizers and volunteers on this event, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this event, the owners of property through which the event course traverses, and their representatives, successors and assigns (collectively "Released Parties") from any and all rights, claims or liability for damage for any and all injuries to me, my child or my property arising out of or in connection with my participation in this event, including acts of God. I further agree that I WILL DEFEND, INDEMNIFY AND HOLD HARMLESS the Released Parties against all claims, demands and causes of action, including court costs and reasonable attorneys' fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted contrary to this Agreement for the benefit of me or my child. This Agreement extends to all claims of every kind and nature whatsoever, whether known or unknown. I FULLY ASSUME THE RISKS ASSOCIATED WITH MY AND/OR MY CHILD'S PARTICIPATION IN THIS EVENT, including but not limited to: the dangers of falls and collisions with pedestrians, vehicles and fixed or moving objects; the dangers of road conditions, surface hazards, weather conditions, and inadequate clothing; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic trail run; and dangers caused by others' negligence. I certify that I am and/or my child is physically and mentally fit to participate in this event. I understand that entry fees are necessary to meet the cost of preparation, months in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or other circumstances beyond the control of run management, the entry fee will not be refunded. I also grant permission for the use of any photographs, motion pictures, recordings or any other record of my participation in this event for any legitimate purpose. PARENT OR GUARDIAN MUST SIGN FOR MINOR.

