

THE PUMPKIN RUN 400 METERS AND 5K

**Run Wild Missoula's 15th
Annual Pumpkin Run for the
Missoula Food Bank**

**Race Day Registration
Starts @ 8:45 AM**

**Register By Mail Deadline is
Tuesday, 10/12/10**



**Saturday
October 16, 2010
East Missoula at
Bandmann Trail and Deer
Creek Rd. Intersection**

400 Meter @ 9:45

5K ≈ 10:05

400 Meter Kids Event: For ages 12 and under. Very exciting and all on the Trail!

5K Run: A short and sweet half 10K! Two miles on road with one mile finish on gravel River Front Trail.

5K Age Divisions: 13 and under, 14-15, 16-18, 19 -34, 35-44, 45-54, 55 and up.

The Pumpkin Run is organized by Run Wild Missoula, a non-profit 501(c)3, that promotes and supports runners and walkers of all ages and abilities. Proceeds benefit the Missoula Food Bank.

Name: _____; Age: _____; Gender: M or F; Event: 400M or 5K

Street: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

400 Meter Entry Fee: _____ (\$3)

5k Entry Fee (mark one): ___ \$11 (\$13 race day) ___ \$10 (Run Wild Missoula members)

Make checks payable to: **Run Wild Missoula**, PO Box 1573, Missoula, MT 59806, or drop off in person at The Runner's Edge, 325 N. Higgins, Missoula, MT by Tuesday October 12, 2010.

Waiver and Release Statement: In consideration of accepting this entry, I RELEASE, for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as "my child") – the Run Wild Missoula, the City of Missoula, and all other promoters, sponsors, organizers and volunteers of this event, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this event, the owners of property through which the event course traverses, and their representatives, successors and assigns (collectively "Released Parties") from any and all rights, claims or liability for damage for any and all injuries to me, my child or my property arising out of or in connection with my participation in this event, including acts of God. I further agree that I WILL DEFEND, INDEMNIFY AND HOLD HARMLESS the Released Parties against all claims, demands and causes of action, including court costs and reasonable attorneys' fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted contrary to this agreement for the benefit of me or my child. This agreement extends to all claims of every kind and nature whatsoever, whether known or unknown. I Fully ASSUME THE RISKS ASSOCIATED WITH MY AND/OR MY CHILD'S PARTICIPATION IN THIS EVENT, including but not limited to: the dangers of falls and collisions with pedestrians, vehicles and fixed or moving objects, the dangers of road and trail conditions, surface hazards, weather conditions, and inadequate clothing; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic trail run; and dangers caused by others' negligence. I certify that I am and/or my child is physically and mentally fit to participate in this event. I understand that entry fees are necessary to meet the cost of preparation, months in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or other circumstances beyond the control of run management, the entry fee will not be refunded.

PARENT OR GUARDIAN SIGN FOR MINOR.

Signature of Participant _____ Date _____ Printed Name _____

Signature of Parent/Guardian (if participant is younger than 18 years) _____

Printed Name of Parent/Guardian _____

Questions: Contact Ben Schmidt at 406-542-1257.