



During this time of COVID-19, there are inherent risks involved in participating in in-person races and events. While we are taking reasonable precautions, based on state and local guidelines, to provide a safe environment, we cannot guarantee the safety of all involved. If you are concerned about your personal safety, we would suggest that you forego our in-person activities and instead consider our virtual options.

Trail Sessions COVID-19 Guidelines

- Trail Sessions will be limited to **Run Wild Missoula members only**
- Will be limited to **10 participants max** plus two leaders
- Please be respectful of others at these sessions and practice good social distancing to the greatest extent possible
- Bathrooms are subject to availability at trailheads
- Please do not attend if you have a cough or do not feel well
- Please continue to use good hygiene practices
- Please be supportive of those people who have made the choice to use face masks during their activities
- If you've been vaccinated, we still require that you uphold our Covid-19 guidelines