

Running Wild | February 2022

Run Wild Missoula Executive Director: Feelin' 22

Thanks T Swift (you nailed it), but yes, 2022 ... what's in store for Run Wild Missoula? All the things! Well, not ALL the things, but quite a few of them.

In a brainstorming sesh with staff for this year, I was inspired watching the creative ideas bounce around, feeling the passion envisioning what was possible for our club. And while we realize we don't have the capacity to execute all of our burgeoning concepts, we are pleased to add some new flair to the year. Here's a smattering of what's ahead.



Strengthening community partnerships in Missoula. This is done through charitable giving, education and collaborations. We are

working with past partners and some new local organizations to see how we can benefit mutually.

Hosting in-person iconic races, but not abandoning virtual options. We also plan to re-energizing some events that might feel stagnant. Teaser! We'll be introducing something special for the fall.

Bringing back more social events and non-race related running activities. We are reinforcing our ongoing commitment to inclusion with evolving community partnerships, intentional charitable giving and addressing barriers to accessing the club. We are deepening our own understanding of what it means for RWM to be a truly inclusive space.

We're working our way through, cannon-balling into the 2022 pool and are doing so with open ears! Above all, I want you to know we value our club of volunteers and members, so I encourage your ideas and thoughts, please share! You can always send me an email or drop by.

Enjoy Every Step!

Trisha

Member Spotlight: Cam Rensch

This month's member spotlight features Cam Rentsch who is a newer Run Wild Missoula member and also a fresh face in Missoula as of August. Cam came to use by way of Ohio and is now setting roots down in the Missoula Valley as well as finding his stride on the trails.

To learn more about Cam, visit our blog.



Training Classes!

A quick update on training classes:

• The Missoula Marathon and Half

Marathon Class starts on Sunday, February 27th. Registration is open until March 15th, 2022

- For more information & to register, click <u>here</u>.
- The Missoula Half Marathon Walking Class will start on Saturday, March 5th and registration is open until March 15th, 2022.
 - For more information & to register, click <u>here</u>.
- Registration for **Trail Sessions** will open up in early March. Keep an eye on our website for more information about session options and new additions this year!

MISSOULA MARATHON AND HALF MARATHON Training Class 2022





BOP Social + Run-Walk• February 20th

Run Wild Missoula welcomes runners and walkers at any pace. We make that welcome even more inviting with activities aimed at the Back of the Pack (BOP) Our program is always evolving, reflecting the interests of members. BOP Socials are a great way to meet other runners and walkers in our community of all paces!

The next BOP Social will be on Sunday, February 20th. We will meet at Bayern Brewing at 2:00 PM to walk or run on the Milwaukee Trail followed by an optional gathering at the Edelweiss Cafe at 3:00 PM.

More information can be found here.



Stay up to date about BOP Socials by joining the <u>Run Walk Run Wild</u> Facebook group or subscribing to the Monthly BOP bulletin by emailing <u>backofpack@runwildmissoula.org</u>.

Last Wednesday Beer Run • February 23rd

Join us at the **Southside Kettlehouse** on Wednesday, February 23rd!

A 3 and 5 mile course will be offered. Our beer runs are open to everyone - Run Wild Missoula membership is not required. As outlined in our "Rules of the Run," for safety reasons, we ask that dogs are not present during the Beer Run.

Questions? Please contact our Chancellor of Libations



Heart Throb • February 12th

Join us on Saturday, February 12th for the **Heart Throb 5K** and show your support for love. A portion of the proceeds will be donated to <u>The Center</u>.

For more information & to register, click here.

Snow Joke Half Marathon • February 26th

The 43rd Annual **Snow Joke Half Marathon** will take place on Saturday, February 26th. Join Run Wild Missoula as we assist the Missoulian by providing race management services for this event. Challenge yourself to 13.1 blazing fast, freezing cold miles. We are also looking for volunteers!

For more information & to register, click here.

Run for the Luck of It! • March 12th

Kick off St. Patrick's Day with Run Wild Missoula and **Run for the Luck of It!** on Saturday, March 12th. There is something for everyone: 7 Mile & 5K options, plus a free Kid's Dash! Be sure to take advantage of early bird pricing for the 5K and 7 Mile distances!

For more information & to register, click here.

RWM Racemakers

2022 Racemakers & Run Wilder has begun!

Racemakers are those Run Wild Missoula members who participate in 7 Run Wild Missoula races throughout the year – you make our races happen!

Run Wilder takes it a step farther and challenges you to complete 12 races in a calendar year to receive FREE entry into the 2023 Missoula Marathon, Half, or 5K.

As a reminder, to qualify for Racemakers & Run Wilder you must have become a member by March 15th, 2022 and claimed your membership account on RunSignup.

If you have any questions, please email Sally

RWM Club Miles

Registration for the 2022 Mileage Club is now open!

So far this year, we have run or walked 960 miles! RWM Members who run or walk over 1200 or 2000 miles in one year will receive a Run Wild Missoula customized gift. Even if you didn't run or walk over 1200 miles, we still encourage you to post







REGISTRATION IS OPEN! Saturday 03.12.2022 your miles! We love to see how much activity our club really does.

To register for the 2022 Mileage Club, click <u>HERE</u>. ** You will need to re-register for the Mileage Club if you did it last year to continue logging miles **

Video: How to log miles

For more information about Mileage Club, click here.

If you have any questions, email Sally, <u>sallyh@runwildmissoula.org</u>



Around Town

Running Up for Air, Missoula, MT

Membership Benefits	
Group Runs Racemakers	Run Wilder
<u>1200 & 2000 Mile Club</u>	Discounts & Freebies
Run Wild Missoula Information	
Run Wild Missoula Staff Ru	ın Wild Missoula Board of Directors
Run Wild Missoula Rules of the Run	
Run Wild Missoula 406.544.7073 info@runwildmissoula.org www.runwildmissoula.org	
CONNECT WITH RUN WILD MISSOULA #RunWildMissoula #LaceEmUp	
€© €	
THE MISSOULA MARATHON IS ON SOCIAL MEDIA, TOO!	
#MissoulaMarathon #LastBestRace	
Unsubscribing from this email will not eliminate you from receiving emails about volunteer	

opportunities.