

BECOMING A WILD RUNNER

The Practice & Payouts of Self-Supported Trail Running

Join this experienced panel for an evening exploring the value of self-supported runs as a way to deeply experience landscape, seek solitude, pursue individual goals and connect with other runners in a non-competitive way.

We'll dive into preparing to succeed at readying yourself for personal, gratifying experiences on the trail that you self-create and see through.

PANELISTS

Skye Borden



Steve Brown



Morgan Beavers



Nick Triolo



Monday, May 8 | 6:30-8:00 pm
Zootown Arts Community Center
216 W Main | Downtown Missoula
FREE



Streaming Live on
facebook.com/runwildmissoula



montanatrailcrew.org



MODERATOR

Erin Clark

PRESENTED
BY

