

# RUN WILD MISSOULA

## MONTHLY NEWSLETTER

Running Wild | June 2025



## Community That Moves Together

[RUNWILDMISSOULA.ORG](https://RUNWILDMISSOULA.ORG)

### It's my Birthday & MM is the Best Present

The countdown is ON! We're inching closer to the best weekend of the year! It's Missoula's running community's time to shine. So much preparation and planning goes into this race. It's a true collaboration between agencies, sponsors, volunteers and the community. Although it's always a wild few months leading up to Marathon Weekend, this year has been particularly volatile.

Sadly, this year our Canadian registration is down more than half and I've received notes from some that registered last fall, they won't be attending. They will be missed. And thankfully, race shirts, medals and gear bags have arrived at RWM HQ, skirting the ever-changing tariff situation.



We press on and we look forward to welcoming some 7,000 participants with their friends and families throughout the weekend and I thank all our RWM members and this incredible community for allowing us to host this race in the Last Best Place!

Enjoy Every Step!

**Trisha Drobeck**  
RWM Executive Director

## RWM RACES

### Pengelly Double Dip & Bob Hayes Single Dip

Registration Open - Only a few spots left!

Date: Sunday, June 8, 2025

Time: Pengelly Double Dip 8:00 AM | Bob Hayes Single Dip 8:30 AM | Virtual Dips!

Location: River Bowl East

Kick off summer trail racing in Missoula with the Pengelly Double Dip

and Bob Hayes Single Dip! Virtual options for both distances.  
**The Double Dip will be run in reverse for 2025!**



[More Info + Registration!](#)



### River City Roots Run

**Registration Opens Thursday, June 12 at 8:00 AM!**

**Date: Saturday, August 23, 2025**

**Start Time: 8:30 AM**

**Start Location: 125 E Main St**

A 4-mile fun run in association with the River City Roots Festival. This run pays tribute to the city's love of recreation and staying active. All ages, abilities and backgrounds are encouraged to enjoy a morning run or walk before the festival in the afternoon and evening!

[More Info!](#)



### Fierce Fab Women's Running Festival

**Registration Opens Wednesday, June 18 at 8:00 AM!**

**Date: September 28, 2025**

**Start Time: 9:30 AM**

**Start Location: Historical Fort Missoula**

An event to celebrate your fiercest, most fabulous self! Join us this October at Heritage Hall in Historical Fort Missoula for an empowering and fun-filled day where you can walk or run as many 1-mile laps as you like within a 2.5-hour period.

Don't miss out on our raffle with epic prizes, a mimosa bar to toast your achievements, and awards for the fiercest and most fabulous outfits. It's an event you won't want to miss – come celebrate strength, community, and fabulousness!

[More Info!](#)



### Mntwi I N?ay Virtual Half Marathon

**Registration Now Open!**

**Date: September 1 - 30, 2025**

**Start Time: Anytime!**

**Start Location: Anywhere!**

Run Wild Missoula is honored to offer a Virtual Half Marathon with 100% of race proceeds going to All Nations Health Center; to deepen our commitment to learning more about and supporting our local Indigenous communities.

With your help we were able to donate \$4,215 last year to the All Nations Health Center! Help us raise even more this year!

## MISSOULA MARATHON CORNER



### Hurry - register before the final price increase!

Register today and save on all race distances. The Missoula Marathon presented by Young Mazda Missoula is a bucket list race and 2025 is your year to conquer the course. Don't miss your chance to run the Marathon, Half Marathon, Tony Banovich 5K, or participate in the Big 3 Challenge!

Register before midnight on Sunday, June 22 to save big!

[Register Now!](#)



### Volunteer with the Missoula Marathon!

The time has come! The Missoula Marathon Weekend of Events is fast approaching, and we can't make it happen without your help! We still have lots of spots open, so there's something for everyone!

[More Info!](#)

## ALL THINGS TRAIL

### Trail Work Opportunity with Missoula Trail Partners - National Trails Day!



**Dates:** Saturday, June 7

**Time:** 9:00 AM - 1:30 PM

**Location:** Blue Mountain Recreation Area

Use hand tools to help restore a popular multi-use trail. Tools, instruction, and lunch provided. No experience required. Gloves and sturdy footwear recommended. Meet at McClay Flat to carpool to the worksite at Hayes Point. Please leave dogs at home!

[More Info + RSVP!](#)



## City to Sky Trail Races

Races are full, but waitlists are open!

Date: Sunday, October 19

Time: 50K 7:00 AM | 25K 8:30 AM

Location: Dornblaser Track (50K) / Pattee Canyon Picnic Area (25K)

[More Info + Wait List Signup!](#)

## RWM ACTIVITIES & CLASSES



### Global Running Day

Date: Wednesday, June 4

Time: All Day!

Global Running Day is Wednesday, June 4, and we want to celebrate with you! Run any distance on June 4, tag us (@runwildmissoula) in a post about your run on Instagram, Facebook, or Strava, and come by on June 4 or 5 for a free Big Dipper Cone Card! Have fun!

[More Info](#)



### Missoula Pride 5K

Date: Friday, June 20, 2025

Time: 10:00 PM

Location: Rainbow Crosswalk at intersection of N Pattee St and W Pine St

We are hosting the free RWM Pride Run in partnership with [The Center](#) as part of the Missoula Pride festivities! The run is a free, untimed, ~3 mile jaunt along the river trails, starting and ending at the rainbow crosswalk at the intersection of N Pattee St and W Pine St. ☑

The run starts at 10:00 AM, leashed dogs are welcome, and pride wear is encouraged!

[More Info](#)

## JOIN US! RWM WEEKLY RUNS



[Tuesday Track](#)



[Wednesday](#)



[Saturday Breakfast](#)



[Sunday Long Run](#)



[Strava](#)



## JOIN US! RWM MONTHLY RUNS



[Rise & Roam](#)  
[\(formerly Hot](#)  
[Walk\) Sunday,](#)  
[June 1](#)  
[10:00 AM](#)  
[Basecamp Coffee](#)



[Queer Run](#)  
[Tuesday, June 10](#)  
[6:00 PM](#)  
[Cranky Sam's](#)



[Dry Miles](#)  
[Thursday, June](#)  
[12](#)  
[6:00 PM](#)  
[Higgins Ave](#)  
[Dairy Queen](#)



[Missoula](#)  
[Marathon Beer](#)  
[Run! Friday, June](#)  
[27, 6:00 PM,](#)  
[Caras Park](#)

## RWM CALENDAR OF EVENTS

June

4

Global Running Day

June

8

**Pengelly Double Dip & Bob Hayes Single Dip!**

Pengelly Double Dip 8:00 AM/Bob Hayes Single Dip 8:30 AM | River Bowl East

[More Info](#)

June

10

**Queer Run**

6:00 PM | Cranky Sam's

[More Info](#)

June

12

**Dry Miles**

6:00 PM | Higgins Ave Dairy Queen

[More Info](#)

June

12

**River City Roots Run Registration Opens**

8:00 AM

[More Info](#)

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June  
18

**Fierce Fab Women's Running Festival Registration Opens**

8:00 AM

[More Info](#)

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June  
20

**Missoula Pride 5K**

10:00 AM | Rainbow Crosswalk by Missoula Art Musuem (Corner of Pattee and Pine)

[More Info](#)

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June  
23

**Missoula Marathon Weekend of Events Race Week Price Increase**

12:00 AM

[More Info](#)

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June  
24

**Virtual Pengelly Double Dip & Bob Hayes Single Dip Ends**

11:59 PM

[More Info](#)

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June  
27

**Missoula Marathon Runner's Expo & Packet Pickup**

4:00 PM - 8:00 PM | Caras Park Pavilion

[More Info](#)

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June  
27

**Missoula Marathon Beer Run**

6:00 PM | Caras Park Pavilion

[More Info](#)

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June  
28

**Missoula Marathon Runner's Expo & Packet Pickup**

8:00 AM - 4:00 PM | Caras Park Pavilion

[More Info](#)

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June  
28

**Tony Banovich 5K**

8:00 AM | Higgins Avenue just north of the Beartracks Bridge

[More Info](#)

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June  
28

### Missoula Kid's Marathon

10:00 AM | Clark Fork River Trail, in front of Boone & Crocket Club

[More Info](#)

June  
29

### Missoula Marathon

6:00 AM

[More Info](#)

June  
29

### Missoula Half Marathon

7:00 AM

[More Info](#)

## AROUND TOWN!

### Governor's Cup - Helena, MT

June 13 - [More Info](#)

### Mountain to Meadow Half Marathon & 10K - Lolo, MT

June 15 - [More Info](#)

### Copper Kings 100 - Butte, MT

June 27 - [More Info](#)

### Need a Running Tune Up?

[Alpine Physical Therapy](#)'s PTs are available for free consults for RWM members at the Blue Mountain Peak in the Racquet Club every Monday from 11:00 am-12:00 pm, no appointment necessary.



## RWM Mileage Club

RWM Members ran or walked **23,188** miles through May 2025!

**[More Info on Mileage Club & How to Log Your Miles!](#)**

MEMBER INFO

RACES

ACTIVITIES

DONATE



406-544-7073 | PO Box 1573 - Missoula, MT 59806 | EIN 20-5794114  
[www.runwildmissoula.org](http://www.runwildmissoula.org)

**BOARD**

**STAFF**

**CHARITABLE  
GIVING**

**MISSION**

Run Wild Missoula | 125 East Main | Missoula, MT 59802 US

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